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CADETS
Army Cadet Summer Training
Outline

What is Army Cadet Summer Training?
What courses are available?
Who can attend?
Where is summer training conducted?
Who conducts & supervises the courses?
How do cadets get to and from the centres?
How do cadets apply?
How do cadets get selected?
What is life like at the Cadet Training Centre (CTC)?
Aim Of Summer Training

• Provide instruction and opportunities to develop advanced knowledge and skills in specialized activities
• To develop instructors and leaders for these activities
• To provide further opportunities to employ the general knowledge and skills obtained through the corps program
Categories of Training

General Training • 2 week courses designed to introduce cadets to summer training.

Basic • 3 week courses designed to teach the knowledge & skills in specialized activities

Intermediate/Instructor • 6 week courses designed to develop instructor/leaders in specialized activities

Advanced Training • Various courses designed to advance senior cadets’ leadership skills
General Training Courses

Descriptions

2 Weeks

Vernon CTC or Whitehorse CTC

This course provides cadets who have recently joined the Cadet Program an introductory summer training experience where they will participate in a variety of activities from each specialty,

Activities include:

• Drill and Ceremonial,
• Music,
• Marksmanship, and
• Expedition.
2137’s Allocations

- General:
- Basic:
- Intermediate:
- Advanced: By Selection, not allocation
General Training Courses

Who can attend?

• 12 and 13 years of age
• Completed the Green Star level
• Physically fit and in good health
• Have no participation limitations precluding from participation at the CTC and/or course
• Recommended by the Corps Commanding Officer and selected by the RCSU.
General Training Courses

Course Dates

8 July – 19 July
22 July - 2 Aug
5 Aug - 16 Aug

Specific serials and training centres locations will be allocated to corps

Course dates do not include travel days. Cadets must be prepared to travel up to 2 days prior and after course dates
Basic Courses
(3 Weeks)

- Basic Expedition
- Basic Marksman
- Basic Drill & Ceremonial
- Basic Fitness & Sports
- Military Band - Basic Musician
- Pipe Band - Basic Musician
Basic Courses
Who can attend?

• 13 and 14 years of age
• Completed the Red Star level
• Physically fit and in good health
• Have no participation limitations precluding from participation at the CTC and/or course
• Recommended by the Corps Commanding Officer and selected by the RCSU
Basic Courses
Course Dates

3 Weeks

8 July – 26 July

29 July - 16 August

Specific serials and training centres locations will be allocated to corps

Course dates do not include travel days. Cadets must be prepared to travel up to 2 days prior and after course dates.
Basic Courses

Descriptions

Basic Fitness and Sports (Cold Lake CTC)

This course provides cadets an opportunity to participate in fitness and sports activities, and to develop knowledge and skills on how to perform the duties of a Fitness and Sports Assistant.

Activities include

• following a personal fitness routine,
• leading warm-up and cool-down sessions,
• assisting with the Cadet Fitness Assessment and
• assisting with recreational sports.

All Basic Courses are 3 weeks long
Basic Courses

Descriptions

Basic Drill and Ceremonial
(Vernon CTC or Whitehorse CTC - TBD)

This course provides cadets an opportunity to build on drill learned at the corps, participate in advanced drill and ceremonial activities, and to develop leadership skills and knowledge; while performing the role of a team leader.

Activities include

- commanding a squad on parade,
- drill with arms,
- flag drill, and
- marksmanship training.

All Basic Courses are 3 weeks long
Basic Courses

Descriptions

Basic Marksman
(Vernon CTC and Whitehorse CTC)

This course provides cadets an opportunity to develop marksmanship skills and subject matter knowledge.

Activities include
- team-building,
- marksmanship and
- adventure training.

All Basic Courses are 3 weeks long
Basic Courses

Descriptions

Basic Expedition
(Vernon CTC and Whitehorse CTC)

This course provides cadets with the fundamentals of expedition training, building upon what has been taught in Red Star of the Corps program.

Activities include
- navigation,
- a five-day expedition and
- adventure training.

All Basic Courses are 3 weeks long
Basic Courses
Descriptions

Military Band – Basic Musician
(Vernon CTC)

This course provides cadets an opportunity to participate in music training and military band activities, to prepare them to support corps/squadron music programs.

Activities include
• maintaining a primary instrument,
• music theory,
• demonstrating rhythm skills,
• executing drill as a member of a band, and
• performing ensemble music as a member of a band.

All Basic Courses are 3 weeks long
Basic Courses

Descriptions

Pipe Band – Basic Musician
(Rocky Mtn CTC)

This course provides cadets an opportunity to participate in music training and pipe band activities, to prepare them to support corps / squadron music programs.

Activities include

- land dance,
- maintaining a primary instrument,
- music theory,
- executing drill as a member of a band, and
- performing ensemble music as a member of a band.

All Basic Courses are 3 weeks long
Intermediate/Instructor Courses

- Drill & Ceremonial Instructor
- Fitness & Sports Instructor
- Air Rifle Marksmanship Instructor
- Expedition Instructor
- Fullbore Marksmanship Phase 1
- Military Band - Intermediate Musician
- Pipe Band - Intermediate Musician
Intermediate/Instructor Courses

Who can attend?

• 14 to 16 years of age
• Completed Silver Star
• Be physically fit and in good health
• Have no participation limitations precluding from participation at the CTC and/or course
• Be recommended by the Corp’ Commanding Officer and selected by the RCSU
Intermediate/Instructor Courses

Course Dates

6 Weeks

8 July - 16 August

Course dates do not include travel days. Cadets must be prepared to travel up to 2 days prior and after course dates.
Intermediate/Instructor Courses

Course Dates

Drill & Ceremonial Instructor
(Vernon CTC)

This course provides cadets an opportunity to develop the skills and knowledge to become a Drill and Ceremonial Instructor.

Activities include

- advanced drill,
- first aid,
- instructional techniques and
- leadership.
Intermediate/Instructor Courses

Course Dates

Air Rifle Marksmanship Instructor (Vernon CTC and Whitehorse CTC)

This course provides cadets an opportunity to develop marksmanship skills and knowledge, and to instruct and lead air rifle marksmanship activities.

Activities include
• first aid,
• advanced marksmanship,
• instructional techniques and coaching.
Intermediate/Instructor Courses

Course Dates

Expedition Instructor
(Vernon CTC and Whitehorse CTC)

This course provides cadets with the knowledge and skills to perform the duties of a specialist with the skills and subject matter knowledge required to be an instructor and team leader for Expedition activities within the Army cadet program.

Activities include

• first aid,
• navigation,
• an 18-day expedition,
• adventure training,
• leadership and
• instructional technique.
Intermediate/Instructor Courses

Course Dates

Fullbore Marksmanship Phase I
(Connaught CTC)

This course provides cadets an opportunity to develop as a specialist with the attitude, skills and subject matter knowledge required to participate in competitive full-bore marksmanship as an individual competitor.

Activities include

• first aid,
• biathlon,
• team development and
• marksmanship.
Intermediate/Instructor Courses

Course Dates

Military Band - Intermediate Musician
(Vernon CTC)

This course provides cadets an opportunity to participate in music training and military band activities, to prepare them to support corps / squadron music programs.

Activities include

• first aid,
• maintaining a primary instrument,
• music theory,
• executing drill as a member of a band, and
• performing ensemble music as a member of a band.
Intermediate/Instructor Courses

Course Dates

Pipe Band - Intermediate Musician
(Rocky CTC)

This course provides cadets an opportunity to participate in music training and pipe band activities, to prepare them to support corps music programs.

Activities include

- first aid,
- highland dance,
- maintaining a primary instrument,
- music theory,
- executing drill as a member of a band, and
- performing ensemble music as a member of a band.
Intermediate/Instructor Courses
Additional Requirements

Expedition Instructor
• CFAIP Bronze for the age group

Fullbore Marksmanship Phase I
• Priority given to cadets who attended the Basic Marksman Course

Pipe Band - Intermediate Musician
• Music proficiency level II

Military Band - Intermediate Musician
• Music proficiency level Basic
Advanced Training

- Military Band - Advanced Musician Course
- Pipe Band - Advanced Musician Course
- Fullbore Marksmanship Phase II
- Cadet Leadership and Challenge Course
- Maple Leaf Exchange (England)
- RCAC National Rifle Team
- Basic Parachutist
- Army Cadet Voyage in History Tour

Note: Training locations are determined by the annual billet allocation released by Natl CJCR Sp Gp and are subject to change.
Advanced Training
Who can attend?

• 15 to 17 years of age (Cadet Leadership and Challenge, Advanced Musician Courses)
• 16+ years of age (all other Advanced Courses)
• Meet the requirements of CATOs 40-01 and 42-05
• Have no participation limitations precluding from participation at the CTC and/or course
• Be recommended by the Corps CO
• Be nominated by RCSU
• Be selected by Natl CJCR Sp Gp
Advanced Training

Who can attend?

Must have completed the following levels to attend course:

• Silver Star Level
  – Fullbore Marksmanship Phase II
• Gold Star
  – Military Band - Advanced Musician
  – Pipe Band - Advanced Musician
  – Cadet Leadership and Challenge
  – Maple Leaf Exchange (England)
  – RCAC National Rifle Team
  – Basic Parachutist
Advanced Training

Course Dates

Fullbore Marksmanship Phase II
8 July - 16 August

Maple Leaf Exchange
Dates TBD

Course dates do not include travel days. Cadets must be prepared to travel up to 2 days prior and after course dates.
Advanced Training

Course Dates

RCAC National Rifle Team
TBD

Parachutist Course
TBD

Cadet Leadership and Challenge Course
8 Jul to 16 Aug

Army Cadet Voyage in History Tour
TBD
Advanced Training
Descriptions

Cadet Leadership and Challenge
(Rocky Mountain CTC)

This course provides cadets an opportunity to develop, through the use of unique advanced adventure training leadership and challenge development activities, as a self-aware outdoor leader with the skills and subject matter knowledge required to act as an activity leader at a Cadet Corps, Expedition Centre or Cadet Training Centre (CTC).

Activities include
• wilderness first aid,
• outdoor leadership, and
• adventure activities such as
  – biking,
  – kayaking,
  – horseback riding or
  – mountaineering.
Advanced Training

Descriptions

Fullbore Marksmanship – Phase II
(Connaught)

This course provides cadets an opportunity to develop as a specialist with the attitude, skills and subject matter knowledge required to participate in competitive full-bore marksmanship as a member of a competitive team.

Activities include

• advanced marksmanship and
• adventure training.

*Cadets cannot apply for this course. If they attend Phase 1 and are selected they will be contacted by RCSU
Advanced Training
Descriptions

Military Band – Advanced Musician
(Vernon CTC)

This course provides cadets an opportunity to participate in advanced music training and military band activities, to prepare them to lead and instruct corps’ music programs.

Activities include:
• music theory,
• executing drill as a member of a band,
• performing ensemble music as a member of a band,
• leadership, and
• instructional technique.
Advanced Training
Descriptions

Military Band – Advanced Musician
(Vernon CTC)

This course provides cadets an opportunity to participate in advanced music training and military band activities, to prepare them to lead and instruct corps’ music programs.

Prerequisite: Musician Proficiency Level 2

Activities include
- music theory,
- executing drill as a member of a band,
- performing ensemble music as a member of a band,
- leadership, and
- instructional technique.
Advanced Training
Descriptions

Pipe Band - Advanced Musician
(Rocky Mtn CTC)

This course provides cadets an opportunity to participate in advanced music training and pipe band activities, to prepare them to lead and instruct corps’ music programs.

Prerequisite: Musician Proficiency Level 2

Activities include
• highland dance,
• music theory,
• executing drill as a member of a band,
• performing ensemble music as a member of a band,
• leadership, and
• instructional technique.
Advanced Training
Descriptions

RCACC National Rifle Team
(Connaught CTC and Bisley, England)

This course provides the opportunity for cadets to compete in national/international large bore rifle competitions. Activities include
• introduction to the British Army Cadet training program
• cultural activities.
Advanced Training

Descriptions

Parachutist Course
(Trenton CTC)

To qualify as a CAF Basic Military Parachutist
Advanced Training
Descriptions

Maple Leaf Exchange   England
Army Cadet Voyage in History Tour   TBD

To develop leadership skills

To be introduced to the Cadet or Military programs of host countries

To participate in cultural activities
# Advanced Training

## Additional Requirements

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<thead>
<tr>
<th>Military Band – Advanced Musician</th>
<th>Pipe Band – Advanced Musician</th>
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<tbody>
<tr>
<td>• Qualified Proficiency Level II</td>
<td>• Qualified Proficiency Level III</td>
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<table>
<thead>
<tr>
<th>Leadership &amp; Challenge</th>
<th>Parachutist</th>
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</thead>
<tbody>
<tr>
<td>• Min CFAIP Bronze (for age group)</td>
<td>• Passed Para PT Test</td>
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<tr>
<td>• Able to swim with a PFD</td>
<td>• Meet CF medical standards</td>
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<thead>
<tr>
<th>RCAC National Rifle Team</th>
<th>Exchanges</th>
</tr>
</thead>
<tbody>
<tr>
<td>• Min CFAIP Bronze (for age group)</td>
<td>• Fitness standard IAW CATO 42-05</td>
</tr>
<tr>
<td>• Functional in English</td>
<td>• Functional in English</td>
</tr>
<tr>
<td>• Selected from previous course</td>
<td>• Max age of 17</td>
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</tbody>
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- NSE level and points – used for selection
- Fullbore Marksmanship Phase II
  - Selected from previous course
Advanced Training

• Exchanges are difficult and challenging!
• Cadets must be able to adapt to a different culture. This can be uncomfortable!
• The food is different, accommodations are different and that is part of the challenge
• Cadet must be willing to accept this when applying for exchanges
Where is summer training conducted?

Cold Lake CTC
(Cold Lake, AB)

- Located on CFB Cold Lake in Alberta, Approximately 400 kms NE of Edmonton
- Cadets are housed in 2 or 4 person rooms in permanent barracks with all bedding provided
- Additional facilities include: canteen, cadet banking, medical inspection room
Where is summer training conducted?

Rocky Mountain CTC
(Ghost River, AB)

- Located in the Rocky Mountain Forest Reserve 100 Km NW of Calgary and 45 km NW of Cochrane
- All cadets are housed in eight person rooms in permanent barracks with all bedding provided
- Additional facilities include: canteen, cadet banking, medical inspection room, internet access

- Participation Limitation: Cadets who must be within 30 minutes of physician services cannot attend this CTC.
Where is summer training conducted?

Whitehorse CTC
(Whitehorse, YT)

- Located at Boyle Barracks 20 km south of Whitehorse
- Most cadets are housed dormitory style in permanent barracks with all bedding provided. Some cadets will be housed in six person modular (CF Modular) with electricity
- Additional facilities include: canteen, cadet bank, medical inspection room
- Participation Limitation: Cadets attending Expedition courses who must be within 30 minutes of physician services cannot attend this CTC.
Where is summer training conducted?

Vernon CTC
(Vernon, BC)

- Located in the interior of BC on the north end of the Okanagan valley in the city of Vernon.
- Most cadets are housed dormitory style in permanent barracks with all bedding provided. Some cadets will be housed in 6 man tents (CF Modular) with electricity.
- Additional facilities include: games room, canteen, internet cafe, cadet bank, church, medical inspection room.
- Participation Limitation: Cadets attending Expedition courses who must be within 30 minutes of physician services cannot attend this CTC.
**Where is summer training conducted?**

**Connaught CTC**  
(Connaught ON)

- Located 20 km north of downtown Ottawa on the Ottawa River
- All cadets are housed in 6 person modular tents with all bedding provided
- Additional facilities include: canteen, cadet bank, medical inspection room
Participation Limitations

• Are assigned by the Regional Medical Liaison Officer based on the information provided in the Detailed Health Questionnaire.

• Parents/Guardians can contact Master Warrant Officer Gerry Power at northwestmedical@forces.gc.ca, to discuss their concerns.
Participation Limitations

The following participation limitations prevent cadets from attending any CTC:

• “cadet cannot participate in any RDA or CTC course or may not participate in training or activities with meals”;

• “unable to attend overnight activities”;

• “unable to participate in drill and parades; or unable to take part in a group activity.”
The following Participation limitations may prevent cadets from attending any CTC.

- “may be unable to do significant classroom work or studies”;
- “may choose not to participate in certain activities”;
- “may participate in physical activities at own pace and duration”;
- “may require close supervision”;
- “may require extra assistance for daily activities”;
- “may require extra assistance/direction in complex and non-routine tasks”; or
- “may require special care during overnight activities - verify with cadet”.
Who conducts and supervises the courses?

- Members of the Cadet Organisation and Administration Service (COATS) including Cadet Instructor Cadre Officers, and Civilian Instructors, Regular Force, Primary Reserve members, and civilian contractors

- Senior cadets are also employed as staff cadets to assist with supervision and instruction

- The ratio of adult supervisor to cadet is approximately 1:10
Cadets: What will life be like?

- Close quarters with cadets from all over Canada
- Meals in mess halls
- Busy training days
- “down time” in the evenings
- Home sickness / calling home
- Personal hygiene (care for yourself)
- Laundry and uniform care
- Make great friendships
- Learn fantastic skills
- Receive training bonus (approx $60/week)
Parents: What to expect?

• May receive anguished calls or texts from your home sick cadet
• Best advice: TRUST the staff at the CTC to take good care of your cadet – do not try to interfere
• Leave Passes / visitation is granted at specific times only so as not to interfere with training – CALL AHEAD
• If you’ve been doing your cadet’s laundry and ironing – STOP! They must do it themselves at the CTC
• Management of their training bonus/finances
How are cadets selected?

- Cadets submit their list of choices to the corps staff.
- The corps staff must create applications in Fortress (a digital database).
- Cadets and parents need to be aware that medical/participation limitations (including allergies and asthma) may prevent or limit selection for CTC courses.
- Incomplete personal or medical information in Fortress can also prevent or delay selection.
How are cadets selected?

• The Corps CO reviews each cadet’s application and prioritizes them based on attendance, merit and level of participation in corps activities and other factors

• Cadets are course loaded by RCSU using the priority list as a guideline, however, there are limited positions available

• Corps are notified of cadet selections by 1 April

Not all cadets will get the opportunity to attend summer training. Selection is based on performance at the corps.
Completing the Application

Every year cadets are not selected because of incomplete information in Fortress. Please read the application thoroughly. Here are some specific items to pay particular attention to:

Contact Information
Ensure that your current phone numbers and email addresses are on file with the corps by completing the annual validation form.

Additional Information
If you do not know the information required check with the corps staff. They can provide the information available in Fortress or your personal folder.
Completing the Application

Medical Health Changes
If your medical information has changed you will need to fill out a Detailed Health Questionnaire. The medical information must be the most current available.
Application due date?

**Corps Deadline: December 14**

- Corps will set their own deadline prior to the RCSU deadline in order to allow time for the staff to prioritize and enter the applications into Fortress

**RCSU Deadline: 1 Feb**

- Any applications entered into Fortress after this date will still be considered, however, they will be placed at the bottom of the priority list
What happens when I have been selected?

• Corps staff will notify you of your selection and present you with an “Offer of Participation”

• Both the cadet and the parent must sign the offer

• The corps staff will keep a copy of the Offer, and the cadet must bring a copy to the CTC
What happens when I have been selected?

- Corps staff will submit your answer (accept or decline) into Fortress

- Travel Orders and Joining Instructions will be emailed directly to the email address on file in Fortress. Please ensure your correct email address is provided to the corps
Completing the Offer of Participation Form

• It is extremely important that you review all the information on this form to make sure it is correct. Make any corrections necessary.

• Ensure that all other sections of the form are completed including:
  – Leave pass restrictions
  – Alternate Family or Friend Contact
  – Cadet signature
  – Parent Signature
Joining Instructions Location
Joining Instructions

• Contact Info
• Address
• Dates of parades
• What to bring, what not to bring
What to Wear

• Travel to and from camp (all cadets): C1s (pants, tunic, CF green shirt, parade boots, beret/glen)
  – NO HIGHLAND KIT

• Pipes and Drums cadets: Can bring your Highland Kit to camp; you will be issued Highland Kit upon arrival

• ONE PERSON, ONE KIT – WATCH YOUR HIGHLAND KIT!!
How do cadets get to and from the training centres?

- All transportation is organized and paid for by DND
- Cadets may travel by bus, commercial air, or DND air
- Cadets are escorted or met on all legs of their journey when travelling in large groups. For smaller groups adult escorts will be based on location and duration
- If parents request special transportation arrangements, (or RTU), they may be financially responsible
- The dates listed are course dates and cadets may travel up to two days prior and following the course dates
Contacts

Please direct any questions to our corps’ contact:

Corps Email:  2137rcacc@gmail.com

Maj Sun
Phone/Text: 403.921.1688
E-Mail: julie.sc.sun@gmail.com

Capt Ellis
Phone/Text: 403.680.5601
E-Mail: Ellis2137@shaw.ca
Questions?